

All About Bread

Design and Technology KS1 Year 1



All About Bread

**Design and
Technology**

**Key Stage 1
Year 1**

Learning Objectives:

- plan, make and evaluate bread

Curriculum Links:

The Design, Make and Evaluate aspects are covered:

Cooking and nutrition

- use the basic principles of a healthy and varied diet to prepare dishes
- understand where food comes from

This lesson teaches children about bread, and the different breads across the world. It prepares children for the following lesson (Making Bread), when they will make their own bread.

Keywords

Bread. Yeast. Flour. Vitamins. Minerals. Wheat. Carbohydrate. Protein. Ingredient.

These can also be found at the end of this PDF.

Bread

Yeast

Carbohydrate



PowerPoint Presentation

The accompanying PowerPoint has 21 slides with the following learning points:

- Slides 1 and 2 introduce the lesson.
- Slide 3 explains a balanced diet
- Slide 4 explains that bread is a carbohydrate, and that it is an old food, which has been around for thousands of years.
- Slide 5 explains that flour comes from wheat.
- Slide 6 introduces the ingredients for making bread.
- Slides 7 and 8 explain the purpose of yeast as a raising agent.
- Slides 9 to 16 look at bread from across the world (China, Italy, Germany, India, Mexico, Middle East/Africa and Ireland).
- Slides 17 and 18 talk about where to buy bread and the difference between a bakery and a supermarket.

Activity - Classroom Discussion

- Slide 19 talks about bread packaging. Why it is different in a supermarket or a bakery. This is an opportunity for discussion.
- Slide 20 is a brief fun quiz, recapping the learning.
- Slide 21 is the closing slide.

Other Link Ideas

In continuous provision, create a bakery for role play.



All About Bread: Keywords Flashcards



Bread

Yeast

Flour

Vitamins

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Ingredient



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